# Lake Oswego Parks and Recreation Hike & Ramble Schedule for Summer 2026

**General Information:** This document lists hikes planned for Summer 2026. Join us on group Hikes, easier Rambles, or mid-level Easy Hikes, planned and led by volunteers. Priorities are to enjoy healthy activity in beautiful natural surroundings with friends. Outings are planned for Tuesdays and Thursdays, most within two hours' drive of Lake Oswego. Pets are not permitted. **If you have a cough, fever, shortness of breath, feel unwell or have been in contact with anyone with these symptoms in the last 24 hours, please refrain from participating in Hikes and Rambles.**

**Updates:** This preliminary schedule should be used for planning purposes. Weather, road and trail conditions may necessitate changes at the time of a hike. On rare occasions, hikes may need to be canceled due to region-wide hazardous conditions, such as wildfires, etc. In addition, hikes and rambles may be canceled if the Lake Oswego Parks & Recreation Department has an emergency closure; see www.ci.oswego.or.us/parksrec. These changes are posted in the LOHikes website, www.lohikes.org as soon as possible. Each hike is scouted by its leaders shortly before hike day and updates are posted the weekend before the hike on the LOHikes website, and in the weekly, emailed newsletter. To subscribe to the newsletter, please send a request with your name and preferred email address to lohikesnews@gmail.com.

**Meeting Places, Times & City Fees:** All hikes and rambles leave from Lake Oswego Westlake Park (WP), at the WEST parking lot. Individual hike descriptions may include second meeting times and places (see the table below for standard 2nd meeting place locations). No pre-registration is required. Departure times and round-trip drive miles are listed at the bottom of each hike description. Please arrive at least 15 minutes before the departure time to pay a $1 Parks & Rec fee and sign the hike roster. You will also be asked to sign a liability release once each year. You may want to participate in carpools and/or get driving instructions. We leave promptly at the stated times. Return times will vary, depending on hiking and driving distances.

**Carpooling & Diver Donations:** Carpools may be arranged among participants at the meeting places. **Please note that a driver may require that passengers wear a mask while in their car**. For those who have arranged to share a ride, suggested carpool donations to your driver, based on round-trip mileage to the trailhead, are listed in parentheses ($ from 1st meeting place/$ from 2nd meeting place) at the bottom of each hike description. Exact change is appreciated. Bridge tolls and entrance or parking fees per car are listed separately and are shared among car occupants. Hike descriptions also specify if Park passes are required and drivers are responsible for obtaining these prior to the hike. The most common Park passes can be obtained online.

- A Northwest Forest Pass (NWFP) may be required for each vehicle at selected trailheads in National Forests. NWFP can be purchased online at: store.usgs.gov/forest-pass.
- In lieu of a NWFP, seniors can purchase a yearly or lifetime America the Beautiful pass online at: nps.gov/planyourvisit/passes.htm#senior-passes
- A Washington Discover Pass (WDP) is required on most Washington state-owned land. WDP can be purchased online at: discoverpass.wa.gov.
- An Oregon State Day-Use Park Pass (OSPP) (Daily or Yearly) can be purchased online at: store.oregonstateparks.org. OSPP may also be available at REI and at some Oregon State Park trailheads.

**What to Wear/Bring:** Leaders may refuse to take anyone judged not properly equipped or prepared. Participants accept responsibility for their personal safety. Wear clothes suitable for weather conditions. Breathable, moisture-wicking layers are ideal. Sturdy, lug-soled, waterproof walking shoes or boots are recommended. Bring a daypack containing lunch and trail snacks, sufficient water, sun protection, extra jacket or vest, rain gear or umbrella, a face covering and personal items such as sunglasses, insect repellent, first aid kit, compact space blanket, whistle and flashlight. Bring extra shoes and a plastic bag to put muddy items in for the return trip. (Your driver will thank you.) Hiking poles are often helpful, but optional. Ticks and poison oak may be encountered.

| KEY | MEETING LOCATIONS DESCRIPTION |
|---|---|
| **WP** | **W**estlake **P**ark, 14165 Bunick Dr, Lake Oswego - WEST parking lot. From Kruse Way, turn north on Westlake Dr., turn right (east) on Melrose St, and then take the first right into the parking lot. |
| **AWHD** | **A**irport **W**ay **H**ome **D**epot, 11633 NE Glenn Widing Dr, Portland, SW corner of parking lot (Exit 24-B off I-205, Exit 13 off I-84) |
| **CFM** | **C**lackamas **F**red **M**eyer, 16301 SE 82nd Dr, Clackamas, north lot near Elmer's (Exit 12-A off I-205) |
| **JBT** | **J**antzen **B**each **T**arget, 1555 N Tomahawk Island Dr, Portland, SE corner of parking lot (Exit 308 off I-5, left on N. Hayden Island, left on N Parker) |
| **L&C** | **L**ewis and **C**lark State Recreation Site, 1 Jordan Rd, Troutdale (Exit 18 off I-84) **OSPP Required** |
| **NS** | **N**ewberg **S**afeway, 1140 N Springbrook Rd, Newberg, OR, SE corner of lot (From OR-99W, turn north onto Springbrook Rd, then right into Springbrook Plaza. Park facing OR-99W) |
| **SPS** | **S**unset **P**laza **S**afeway, 13485 NW Cornell Rd, Portland, SE corner of lot (Exit 67 off US 26W, north on NW Murray) |
| **WT** | **W**ilsonville **T**arget, 25925 SW Heather Pl, Wilsonville, NW corner of parking lot (Exit 286/Elligsen Rd. east off I-5) |

# Lake Oswego Parks and Recreation Hike & Ramble Schedule for Summer 2026

**5/5 (Tue) - Easy Hike: Chenoweth Tableland (Columbia Gorge)**
**EARLY DEPARTURE 8 am**
Leader: Terry M
5 miles, elev. gain 500 ft,
Since this hike was cancelled in April, it has been rescheduled. The tablelands provide great views of The Dalles and surrounding hills as well as some unique rock formations. We will hope for late spring wildflowers.
Drive: 190 mi. Leave from WP at 8 am. Leave from L&C at 8:45 am. ($19/$14)

**HIKE CHANGE 5/7 (Thu) - Hike: Herman Creek Pinnaacles via the PCT Trail (Columbia Gorge)**
Because the trailhead that we had intended to use for the Herman Creek hike is closed for maintenance next week, we will do the "Herman Creek Pinnacles via the PCT Trail" hike instead. If you plan to meet us there, the trailhead is identified on Google Maps as the "PCT Winter Trailhead" on Harvey Road in Cascade Locks. We'll hike through a lovely forest, crossing one small stream, to the Herman Creek Pinnacles, where we'll have lunch. After lunch, we'll hike a bit further to the Pacific Crest Falls before returning the way we came. Long pants (due to poison oak), sturdy shoes or boots, and hiking poles are recommended. There are bathrooms at the trailhead. A $5 parking fee (not covered by any parking pass) is required to park at the PCT Winter Trailhead.
Drive 106 miles roundtrip. **Leave from WP at 8:00 am. Leave from the second meeting point, L&C, at 8:45 am.** (($11/$5) An Oregon State Parks Pass is now required to park at L&C. A $5 parking fee is required to park at the PCT Winter Trailhead.)

**5/12 (Tue) - Ramble: Laura Foster's Mt Tabor Neighborhood (Portland/Valley)**
**LATE DEPARTURE 9:30 am**
Leaders: Kathi N., Jeanette H.
4 miles, elev. gain 300 ft.
This is a loop hike around Mount Tabor and the surrounding neighborhood on city streets.
Drive: 14 mi. Leave from WP at 9:30 am. Arrive at destination (Mt Tabor Visitor Center, SE Salmon Way & SE Park Dr., near the restrooms) at 10 am. ($2/$0)

**5/14 (Thu) - Hike: Dog Mountain (Columbia Gorge)**
**EARLY DEPARTURE 7:30 am**
Leader: Grier W
7 miles, elev. gain 2,900 ft.
Enjoy a strenuous hike through dense forests and beautiful wildflower meadows with mountain views. Poles and lug-sole shoes are recommended! Drive: 140 mi. Leave from WP at 7:30 am. Leave from L&C at 8:15 am. ($14/$9 + $6 shared bridge toll).
NWFP required

**5/14 (Thu) - Ramble: Strawberry Island (Columbia Gorge)**
Leader: Helen H
4 miles, flat
The Strawberry Island Loop is a family-friendly trail that begins near a Little League baseball diamond in North Bonneville, Washington. There are views of the Oregon side of the Columbia Gorge as well as Washington, including Beacon Rock and Hamilton Mt. Since the area is part of the Corp of Engineers ownership, no fees or permits are required.
Drive: 108 mi. Leave from WP at 8:30 am. Leave from L&C at 9:15 am. ($11/$6 + $6 shared bridge toll).

**5/19 (Tue) - Hike: Tom McCall Point (Columbia Gorge)**
Leader: John M.
3-4 miles, elev. gain 1030 ft.
This hike climbs along cliffs to Tom McCall Point and returns the same way. Enjoy views of wildflowers, the Cascade peaks, and a wide swath of the rocky cliffs that line the Columbia.
The trail begins on the south side of the paved Rowena Crest overlook loop. We'll cross a flat area for 0.1 mile, then follow an old road to an intersection with another old road, likely the wagon road built from The Dalles to Hood River in the 1870s. The trail leaves the wagon road and after a short climb reaches meadows overlooking Rowena Plateau. There are big views west, including the arched Dry Canyon Creek Bridge and Mount Defiance. To the north, Mt. Adams appears beyond Lyle. There are switchbacks through forests of scrub oak and open grassy areas. Views of the river and plateau get better and better. At the summit, Mt. Hood caps the already fantastic views. Long sleeves and pants are recommended because there are some poison oak and ticks off the main trail. There are no restrooms at the trailhead. There is an easy 2-mile Rowena Plateau hike, with access from the same parking area.
Drive: 170 mi. Leave from WP at 8 am. Leave from L& C at 8:45 am ($17/$12)

# Lake Oswego Parks and Recreation Hike & Ramble Schedule for Summer 2026

**5/21 (Thu) - Ramble: Tualatin Hills Nature Park (Portland/Valley)**
Leader: Molly D
4 miles, elev. gain 100 ft.
This 222-acre wildlife preserve in the heart of Beaverton offers an array of trails, both paved and unpaved. It is heavily forested and well shaded. There are a number of benches along the way. It has easy access and free parking, in a beautiful, forested setting.
Drive: 20 mi. Leave from WP at 8:30 am. Arrive at destination (15655 SW Millikan Way, Beaverton) at 9 am ($2/$0)

**5/26 (Tue) - Easy Hike: Wilson River (Coast/Coastal Mountains)**
Leaders: Liliana & John M
6.8 miles, elev. gain 575 ft.
Starting at the Jones Creek Day-Use parking lot, we will walk to the Wilson River trail. Three-quarters of a mile south, the trail passes the Tillamook Forest Center, the Region's largest forest-based learning center. Beyond the Center, we will follow the Wilson River Trail for an additional 2.65 miles before retracing our steps. There is a pit toilet at the Day-Use parking lot and there are flush toilets at the Center. Note that there is no cell service in the area and no wi-fi at the Center. Poles and waterproof boots are recommended. Parking is free of charge at the Jones Creek Day-Use parking lot.
Drive: 109 mi. Leave from WP at 8:30 am. Leave from SPS at 9 am. ($11/$9)
NOTE: The Tillamook Forest Center is open from 10 am until 4 pm. You are welcome to visit it after the hike. There is a $5 suggested entry fee. For more information see: tillamookforestcenter.org.

**HIKE CHANGE- originally Saddle Mountian**
**5/28 (Thu) - NEW Hike: Gales Creek (Coast/Coastal Mountains)**
Leader: Grier W., Terry M.
6.2 miles, elev. gain 1211ft.
From the Gales Creek Campground, we hike west through the forest about 3.6 miles to the Storey Burn Loop trailhead, have lunch there, and then return. It will be a gradually ascending walk in and out of small gullies as we follow the course of Gales Creek almost to its source.
Drive: 84 mi. Leave from WP at 8 am. Leave from SPS at 8:30 am. ($8/$6)

**5/28 (Thu) - Ramble: Hosta and Peony Gardens (Portland/Valley)**
**LATE DEPARTURE 9:15 am**
Leader: Nicole R.
3.5 miles, flat
We will visit Sebright Gardens in Salem as well as the nearby Adelman Peony Gardens. The walk includes grass and dirt pathways through the beautiful flower fields and country roads.
Drive: 66 mi. Leave from WP at 9:15 am. Leave from WT at 9:30 am. ($7/$6)

**6/2 (Tue) - Easy Hike: Lacamas Heritage Trail (SW Washington)**
Leader: Helen H
7 miles, elev. gain flat.
Enjoy a nature walk along Lacamas Trail. If the weather is clear, we might be able to see Mt. Hood.
Drive: 62 mi. Leave from WP at 8:30 am. Leave from AWHD at 9 am. ($6/$2)

**6/4 (Thu) - Easy Hike: Mosier Tunnels (Columbia Gorge)**
Leader: Maureen B
6 miles, elev. gain 400 ft.
Hike on a previous road with beautiful views of the Columbia River and interesting geology. We will have our lunch after a small "waterfall."
Drive: 168 mi. Leave from WP at 8:30 am. Leave from L&C at 9:15 am. ($17/$12) OSPP required

**6/9 (Tue) - Easy Hike: Trappist Abbey (Portland/Valley)**
Leader: Kathi N
4 miles, elev. gain 800 ft.
A lovely hike on forest paths through the property of the Trappist Abbey near Lafayette. We'll enjoy views of the nearby hills, ponds, and flowers, as well as the sounds of birds. Restrooms and picnic areas are available. It can be a little mucky if it rains; otherwise, easy trails. Bring snacks or a small lunch if desired. Parking is on the property.
Drive: 49 mi. Leave from WP at 8:30 am. Leave from NS at 9 am. ($5/$2)

# Lake Oswego Parks and Recreation Hike & Ramble Schedule for Summer 2026

**6/11 (Thu) - Hike: Underhill Camp to Fifteen Mile Creek (Mt Hood-East)**
Leader: Terry M
5.5 miles, elev. gain 1,000 ft.
This is an in-and-out hike from Underhill camp, taking a little-known trail down through grass lands into the wild and scenic river of Fifteen Mile Creek. This unique area is considered one of the most diverse, featuring both wet west side and dry east side ecosystems, with wildflowers, grass lands, and a fast-flowing creek.
Drive: 190 mi. Leave from WP at 8 am. Leave from CFM at 8:30 am. ($19/$15)

**6/11 (Thu) - Ramble: Newberg Historic Loop (Portland/Valley)**
**LATE DEPARTURE 9 am**
Leader: Jeanette H.
3-4 miles, elev. gain 100 ft.
This is a loop route with trails following the Hess Creek and paved walks in and around George Fox University. After enjoying our lunch by the creek, we will end where we started, at the Hoover-Minthorn House Museum, where we will be given a tour of the only presidential house museum in the Pacific Northwest. It is here Herbert Hoover, 31st president of our nation, lived as a teenager.
Drive: 34 mi. Leave from WP at 9 am. Arrive at destination (115 S River St., Newberg, OR) at 9:30 am. ($4/$0). $7.50 museum fee per person.

**6/16 (Tue) - Easy Hike: Willamette Mission (Portland/Valley)**
**LATE DEPARTURE 9:30 am**
Leader: Nicole R.
5 miles, flat
We'll enjoy a relaxed exploration of this park, which is on the National Register of Historic Places. Please bring lunch to have on-site.
Drive: 68 mi. Leave from WP at 9:30 am. Leave from WT at 9:45 am. ($7/$6) OSPP required

**6/18 (Thu) - Ramble: Kelley Point Park (Portland/Valley)**
Leader: Molly D
2 miles, flat
We'll explore this peninsula bounded by the Columbia River, Columbia Slough, and Willamette River on approximately 2 miles of good trails. Ospreys are often seen, as well as some occasional ship traffic on the Columbia River.
Drive: 42 mi. Leave from WP at 8:30 am. Arrive at destination (N Kelley Point Park Rd, Portland) at 9 am. ($4/$0)

**6/23 (Tue) - Hike: Wahkeena Falls to Multnomah Falls Loop (Columbia Gorge)**
Leader: Grier W
5.5 miles, elev. gain 1,600 ft.
The Wahkeena Falls to Multnomah Falls Loop is an iconic hike which traverses between two major waterfalls and offers outstanding views of the Columbia River Gorge.
Drive: 80 mi. Leave from WP at 8 am. Leave from L&C at 8:45 am. ($8/$3)

**6/25 (Thu) - Hike: Table Rock (Clackamas Foothills)**
Leader: Don S
7.6 miles, elev. gain 1500 ft.
The first part of the trail is on an old logging road, now closed. At one point, the road was taken out by a landslide, but there is a trail around the slide. The trail climbs first through forest, then steeply through a talus boulder field to the summit plateau, which has views of the Cascade Range from Mt. St. Helens to the Three Sisters.
Drive: 117 mi. Leave from WP at 8 am. Leave from WT at 8:15 am. ($12/$11)

**6/26 (Fri) - MEETING: Fall 2026 Planning Meeting**
Time: 8:45 AM -11:00 AM
AT: LO Adult Community Center, 505 G Ave, Lake Owego, Room TBA.
Bring your fall hike ideas and help us plan wonderful hikes and rambles for the fall season.

**6/30 (Tue) - Ramble: Willamette River from Cedar Oak Boat Ramp**
Leader: Sharon H
4 miles, elev. gain 250 ft.
Enjoy a walk starting on the Willamette River, through residential neighborhoods, and then along the river again. It is all paved and mostly shady. Rest room at the trailhead.
Drive: 15 mi. Leave from WP at 8:30 am. Arrive at destination (Cedar Oak Boat Ramp, 4600 Elmran Dr, West Linn) at 9 am. ($2, $0)

# Lake Oswego Parks and Recreation Hike & Ramble Schedule for Summer 2026

**7/2 (Thu) - Hike: Silver Star via Ed's Trail (SW Washington)**
Leader: Terry M
6.5 miles, elev. gain 1400 ft.
With the reconstruction of the access road to Ed's Trailhead, this wonderful route to Silver Star Mountain is now available. After the Yacolt burn in 1902, many ridges were left treeless, allowing the profusion of wildflowers to thrive. Silver Star has one of the best displays in addition to views of Cascade volcanoes. Poles and boots recommended.
Drive: 125 mi. Leave from WP at 8:00 am. Leave from JBT at 9 am. ($13/$9)

**7/7 (Tue) - Easy Hike: Twin Lakes (Mt Hood-West)**
Leaders: Dennis and Susie F
6.5 miles, elev. gain 1300 ft.
We will follow the PCT to a junction that will take us to the lower lake. We then hike up to the upper lake for lunch. We'll enjoy nice lake views.
Drive: 130 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($13/$9) NWFP required

**7/9 (Thu) - Ramble: Tickle Creek (Portland/Valley)**
Leader: Helen H
4 miles, elev. gain 150 ft.
Enjoy a walk in the woods along Tickle Creek in Sandy, OR. We will stop at Meinig Memorial Park to use the restrooms. After the walk, you can join me at Tollgate Inn for lunch.
Drive: 67 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($7/$3)

**7/14 (Tue) - Hike: Tom, Dick and Harry (Mt Hood-West)**
Leaders: Joyce B and Jerrie N
6.5 miles, elev. gain 1710 ft.
This is a Memorial Hike for Elmer G. We hike to Mirror Lake and continue to the top of Tom Dick and Harry Mountain. The first couple of miles are easy, but then it is a relatively steep uphill climb. The reward is a wonderful view of Mt Hood. Poles and boots recommended.
Drive: 125 mi. Leave from WP at 8 am. Leave from CFM at 8:30 am. ($13/$9) NWFP required

**7/14 (Tue) - Ramble: Mirror Lake (Mt Hood-West) EARLY DEPARTURE 8 am**
Leader: Diane B, Mickie C
4.5 miles, elev. gain 500 ft.
Partnering with the hike, this is a Memorial Ramble for Elmer G. We climb through a subalpine forest of rhododendrons, Douglas fir, white pine, and red cedar to a lovely lake that mirrors Mt Hood.
Drive: 125 mi. Leave from WP at 8 am. Leave from CFM at 8:30 am. ($13/$9) NWFP required

**7/16 (Thu) - Easy Hike: Oxbow Regional Park (Portland/Valley)**
Leaders: John and Lili M
5 miles, elev. gain 200 ft.
Explore the Ancient Forest, home to ancient Douglas firs and cedars. The Sandy River is carved along the park's distinctive oxbow shape with gentle and scenic riverside trails.
Drive: 66 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($7/$3 + $5 shared parking fee)

**7/21 (Tue) - Easy Hike: Dry Creek Falls (Columbia Gorge)**
Leader: John M.
4.5 miles, elev. gain 700 ft.
We'll walk from Toll House Park to the PCT trailhead and then follow the PCT through the woods as it meanders up and down to the bridge over Dry Creek. From there, we'll follow a dirt road along the creek to the base of the beautiful falls. This is an out-and-back hike, so we'll return via the same route.
Historical Notes: Water from Dry Creek was used from 1896 to 1937 to power the lock chamber gates at Cascade Locks – the locks that gave the town its name. The locks were built to circumvent the great Cascades of the Columbia, a long whitewater expanse that was a major impediment to river travel. When the creek was used to power the locks, its creek bed ran dry, hence the name Dry Creek. When Bonneville Dam became operational in 1937, the Great Cascades, along with most of the lock canal, were submerged below the rising water behind it.
Drive: 100 mi. Leave from WP at 8:30 am. Leave from L& C at 9:15 am. ($10/$5) NWFP required

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**7/23 (Thu) - Hike: Burnt Lake with optional East Zigzag Ridge (Mt Hood-West)**
Leader: Grier W
7.7 - 10 miles, elev. gain 1,400 - 2,100 ft.
Hike through Mt Hood Wilderness to Burnt Lake and around the lake. There is an optional extension to Zigzag Ridge, which has a view of several mountains.
Drive: 120 mi. Leave from WP at 8 am. Leave from CFM at 8:30 am. ($12/$8) NWFP required

**7/23 (Thu) - Ramble: Little Crater Lake to Timothy Lake (Mt Hood-East)**
Leader: Anne S
3.5 miles, elev. gain 42 ft.
This out-and-back trail south of Government Camp is generally considered to be an easy route. Highlights include stunning blue water, beautiful meadows, and an easy, flat trail. There are restrooms at the trailhead.
Drive: 162 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($16/$12) NWFP required

**7/28 (Tue) - Hike: Mt Hood Meadows East (Mt Hood-East)**
Leaders: Susannah F, Grier W
7.5 miles, elev. gain 1070 ft.
This hike traverses the Mt Hood Meadows ski area and should be full of wildflowers at this time of the year. We'll hike along parts of the Timberline Trail, Jack's Woods Trail, and Bear Grass Trail – and visit Umbrella Falls.
Drive: 146 mi. Leave from WP at 8 am. Leave from CFM at 8:30 am. ($15/$11)

**7/28 (Tue) - Ramble: Woodstock Park, Reed College Canyon, Crystal Springs Loop (Portland/Valley)**
Leader: Linda F
4 miles, flat
This SE urban Portland loop starts and ends at Woodstock Park. We stroll through the Reed College Canyon and visit the headwaters of Crystal Springs Creek. We then visit the Crystal Springs Rhododendron Garden. We return via the vibrant Woodstock neighborhood and shopping area.
Drive: 22 mi. Leave from WP at 8:30 am. Arrive at the 2nd meeting place (5801 SE 28th Ave, Portland) at 9 am. ($2/$0 + $9 garden entrance fee or Cultural Pass)

**HIKE CHANGE! 7/30 (Thu) - Easy Hike: Sitka Sedge Natural Area State Park is CANCELLED. New Hike details below-**
**Change of Easy Hike Location:**
**7/30 (Thu) - Easy Hike: Indian Beach Trail (Coastal Mountains)**
Leaders: Linda F
4-5 miles, 800-ft elevation gain
This is a 4 - 5 mile Easy Hike to Ecola Point Viewpoint and back. The one-way elevation gain is about 400 feet with a round-trip cumulative gain of about 750-800 feet because the trail has several ups and downs, rather than one continuous climb. Hiking poles are recommended. The steeper climb is on the outbound leg, and the return is generally easier because it's more downhill overall. The Indian Beach Trail offers beautiful views of the ocean, the beach, and the Tillamook Rock Lighthouse. We will depart from the Indian Beach Trailhead, 84318 Ecola Park Rd, Cannon Beach, OR. An OSPP or a $10 per vehicle day pass is required.
Drive: 167 mi. Leave from WP at 8:30 am. Leave from SPS at 9 am. ($17/$15) OSPP or $10/vehicle daily pass required.

**8/4 (Tue) OPEN**
Contact Terry M or Sharon H if you are interested in leading a Hike, Easy Hike, or Ramble on this date.

**8/6 (Thu) - Easy Hike: Salmon River Trail (Mt Hood-West)**
Leader: Linda F
5-6 miles, elev. gain 950 ft.
Hike up and back along the Salmon River through classic old growth rainforest. Part of the trail is within the Wilderness boundary.
Drive: 114 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($12/$8) NWFP required

**8/6 (Thu) - Ramble: Old Salmon River (Mt Hood-West)**
Leader: Anne S
5 miles, elev. gain 200 ft.
Ramble through a spectacular forest draped in greenery along the rushing Salmon River, with a few ups and downs along the way. Lunch near the turn-around point. Afterwards, we retrace our steps as we enjoy this forest and river!
Drive: 106 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($11/$7) NWFP required

# Lake Oswego Parks and Recreation Hike & Ramble Schedule for Summer 2026

**8/11 (Tue) Hike: Bird Creek Meadows (SW Washington)**
Early Departure 7:30 am
Leader: Joyce B
6 mile, elev. gain 1200 ft
This is a  hike through the wildflower meadows on the south flank of Mt Adams within the Yakama Indian Reservation. We will start at the trailhead and climb to Hellroaring Viewpoint then return by a different trail.
Drive 225 mi. Leave from WP at 7:30am Leave from L &C at 8:15 am ($23/$18 + $7.00 shared bridge toll and $20/car Yakama Nation  Parking Fee)

**8/13 (Thu) Ramble: Swan Island Dahlias and Canby Loop (Portland/Valley)**
LATE DEPARTURE 9:30 am
Leader: Nicole R
4.5-5 miles, Flat
We'll enjoy this stunning walk through the Dahlia fields as well as the adjacent Canby neighborhood. After you park, meet the group near the porta potties at Swan Island Dahlias (995 NW 22nd Ave, Canby, Oregon). After the walk, you can have lunch either at the concessions, on your own, or at the Thai Dish Cuisine, 108 N. Ivy Street, Canby, Oregon.
Drive 32 miles, round trip.  Leave from WP at 9:30 am (late departure). Leave from the second meeting place, WT, at 9:45 am.  ($3/$2)

**8/18 (Tue) - Easy Hike: Little Zigzag Falls area (Mt Hood-West)**
Leader: Sharon H
4 miles, elev. gain 500 ft.
We'll follow the forested trail along the Little Zigzag River to a lovely falls. We'll also explore the surrounding area with its Douglas Firs, Western Hemlock, huckleberries, and rhododendrons. Drive: 118 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($12/$8) NWFP required

**8/20 (Thu) - Ramble: Beach & Marsh Trail Loop (Coast/Coastal Mountains)**
Leader: Anne S
4.9 miles, elev. gain 72 ft.
Starting at the Bob Straub State Park parking lot, we will hike to Kiwanda Beach and then complete a loop by returning via the marsh side. The walk along the coast is very sandy and can be challenging, but the views of the water justify it. There are restrooms at the parking lot.
Drive: 165 mi. Leave from WP at 8:30 am. Leave from NS at 9 am. ($17/$14) OSPP required

**8/25 (Tue) - Ramble: Bob & Crystal Rilee Park (Portland/Valley)**
Leader: Kathi N
3.5 miles, elev. gain 200 ft.
Located on Parrott Mt near Newberg. We'll walk on soft trails in fields and through the woods. We'll enjoy outstanding views. There is a rest room at the trailhead. Lunch/ snack at the end of the trail. August can get warm, so remember your sunscreen. Hydration is key this time of year.
Drive: 35 mi. Leave from WP at 8:30 am. Arrive at destination (10500 Parrett Mt Rd, Newberg OR) at 9:30 am ($4/$0)

**8/27 (Thu) - Easy Hike: Newton Creek trail (Mt Hood- East)**
Leaders: Maureen B, Terry M
4.5 miles, elev. gain 800 ft.
Beginning at 4,500 ft elevation, we hike through a shaded second growth Douglas Fir forest and enter the Mt Hood Wilderness when crossing the Clark Creek bridge. We turn onto a trail that goes along the south side of Newton Creek with views of the river drainage and Mt. Hood. We will hope for ripe huckleberries.
Drive: 146 mi. Leave from WP at 8:30 am. Leave from CFM at 9 am. ($15/$11) NWFP required