

Lake Oswego Parks and Recreation Hike & Ramble Schedule for Winter/Spring 2026

General Information: This document lists hikes planned for "Winter/Spring 2026." Join us on group Hikes, easier Rambles, or mid-level Easy Hikes, planned and led by volunteers. Priorities are to enjoy healthy activity in beautiful natural surroundings with friends. Outings are planned for Tuesdays and Thursdays, most within two hours' drive of Lake Oswego. Pets are not permitted. **If you have a cough, fever, shortness of breath, feel unwell or have been in contact with anyone with these symptoms in the last 24 hours, please refrain from participating in Hikes and Rambles.**

Updates: This preliminary schedule should be used for planning purposes. Weather, road and trail conditions may necessitate changes at the time of a hike. On rare occasions, hikes may need to be canceled due to region-wide hazardous conditions, such as wildfires, etc. In addition, hikes and rambles are canceled if the Lake Oswego Parks & Recreation Department has an emergency closure; see www.ci.oswego.or.us/parksrec. These changes are posted in the LOHikes website, lohikes.org/schedule as soon as possible. Each hike is scouted by its leaders shortly before hike day and updates are posted the weekend before the hike on the LOHikes website, and in the weekly, emailed newsletter. To subscribe to the newsletter, please send a request with your name and preferred email address to lohikesnews@gmail.com.

Meeting Places, Times & City Fees: All hikes and rambles leave from Lake Oswego Westlake Park (WP), at the [WEST parking lot](#). Individual hike descriptions may include second meeting times and places (see the table below for standard 2nd meeting place locations). No pre-registration is required. Departure times and round-trip drive miles are listed at the bottom of each hike description. Please arrive at least 15 minutes before the departure time to pay a \$1 Parks & Rec fee and sign the hike roster. You will also be asked to sign a liability release once each year. You may want to participate in carpools and/or get driving instructions. We leave promptly at the stated times. Return times will vary, depending on hiking and driving distances.

Carpooling & Driver Donations: Carpools may be arranged among participants at the meeting places. **Please note that a driver may require that passengers wear a mask while in their car.** For those who have arranged to share a ride, suggested carpool donations to your driver, based on round-trip mileage to the trailhead, are listed in parentheses (\$ from 1st meeting place/\$ from 2nd meeting place) at the bottom of each hike description. Exact change is appreciated. Bridge tolls and entrance or parking fees per car are listed separately and are shared among car occupants. Hike descriptions also specify if Park passes are required and drivers are responsible for obtaining these prior to the hike. The most common Park passes can be obtained online.

- A Northwest Forest Pass (NWFP) may be required for each vehicle at selected trailheads in National Forests. NWFP can be purchased online at: store.usgs.gov/forest-pass.
- In lieu of a NWFP, seniors can purchase a yearly or lifetime America the Beautiful pass online at: nps.gov/planyourvisit/passes.htm#senior-passes
- A Washington Discover Pass (WDP) is required on most Washington state-owned land. WDP can be purchased online at: discoverpass.wa.gov.
- An Oregon State Day-Use Park Pass (OSPP) (Daily or Yearly) can be purchased online at: store.oregonstateparks.org. OSPP may also be available at REI and at some Oregon State Park trailheads.

What to Wear/Bring: Leaders may refuse to take anyone judged not properly equipped or prepared. Participants accept responsibility for their personal safety. Wear clothes suitable for weather conditions. Breathable, moisture-wicking layers are ideal. Sturdy, lug-soled, waterproof walking shoes or boots are recommended. Bring a daypack containing lunch and trail snacks, sufficient water, sun protection, extra jacket or vest, rain gear or umbrella, a face covering and personal items such as sunglasses, insect repellent, first aid kit, compact space blanket, whistle and flashlight. Bring extra shoes and a plastic bag to put muddy items in for the return trip. (Your driver will thank you.) Hiking poles are often helpful, but optional. Ticks and poison oak may be encountered.

KEY	MEETING LOCATIONS DESCRIPTION
WP	Westlake Park, 14165 Bunick Dr, Lake Oswego - WEST parking lot . From Kruse Way, turn north on Westlake Dr., turn right (east) on Melrose St, and then take the first right into the parking lot.
AWHD	Airport Way Home Depot, 11633 NE Glenn Widing Dr, Portland, SW corner of parking lot (Exit 24-B off I-205, Exit 13 off I-84)
CFM	Clackamas Fred Meyer, 16301 SE 82nd Dr, Clackamas, north lot near Elmer's (Exit 12-A off I-205)
JBT	Jantzen Beach Target, 1555 N Tomahawk Island Dr, Portland, SE corner of parking lot (Exit 308 off I-5, left on N. Hayden Island, left on N Parker)
L&C	Lewis and Clark State Recreation Site, 1 Jordan Rd, Troutdale (Exit 18 off I-84) OSPP Required
SPS	Sunset Plaza Safeway, 13485 NW Cornell Rd, Portland, SE corner of lot (Exit 67 off US 26W, north on NW Murray)
WT	Wilsonville Target, 25925 SW Heather Pl, Wilsonville, NW corner of parking lot (Exit 286/Elligsen Rd. east off I-5)

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Jan 16 (Fri) - MEETING: Leader Forum

TIME: 8:45 AM – 11:00 AM AT: LO Adult Community Center
505 G Ave Lake Oswego 97034, Hazel Room (downstairs)
Come join LO hikers, coordinators, and anyone interested in an informative session on the upcoming 2026 hiking season, including the unveiling of the new website. Also, we will share hike-leader tips, ask questions, and review the Leader Guide.

Jan 22 (Thu) - Winter Ramble: Eagle Viewing at The Dalles Lock and Dam (Columbia Gorge)

EARLY DEPARTURE 8:30a

Leader: John M.
5 mi., elev. gain 125 ft.
View the Winter migration of bald eagles as they stop to rest and fish for dinner at the dam. We will walk a 5-mile loop along the well-paved trail from the Visitor center, past the Google complex, to the lock and dam, and then return. Bring binoculars or a scope for a unique experience in the lower 48! It could be chilly and windy.
Drive: 175 mi. Leave from WP 8:30a, 2nd meeting place 9:15a L&C (\$18/\$12 + parking at L&C now requires the Oregon State Park Pass)

Jan 29 (Thu) - Winter Ramble: Skylands (Portland / Valley)

LATE DEPARTURE 9:30a

Leaders: Robina B., Terry M.
4.2 mi., elev. gain 750 ft.
Starting from Mary's Woods, we cross OR-43 and head up the hill. We will stop at Terry's house for a break, and then continue along Skylands, which has good views on a clear day. We then descend via Cherry and Glenmorrie, back to Mary's Woods. There are some interesting houses and gardens on this ramble. If you would like a shorter walk, you could start from Terry's house. Lunch is on your own.
Drive: 11 mi. Leave from WP 9:30a, 2nd meeting place 10 am: Mary's Woods, 17550 Provost St, Lake Oswego, 97034 (\$1/\$0)

Feb 05 (Thu) - Winter Ramble: Lewisville County Park (SW Washington)

Leader: Ruth F.
5.6 mi., elev. gain 150 ft.
Lewisville Park is a 154-acre regional park located on the East Fork of the Lewis River. It is Clark County's oldest park and is listed in the National Register of Historic Places. On this easy hike, we will hike by some of the original rustic buildings developed by the WPA during the Great Depression. The gravel/dirt trail weaves through forests, meadows, and some hills with great views of the East Fork of the Lewis River as well as some fun Douglas squirrels. Plan to hike the trail twice.
Drive: 76 mi. Leave from WP 9:00a, 2nd meeting place 9:30a JBT (\$8/\$4 + \$5 county park fee per car)

Feb 12 (Thu) - Winter Ramble: Tigard Street Heritage Trail, Universal Plaza and Fanno Creek Park (Portland / Valley)

Leader: Jan M.

3 - 4 mi., elev. gain Flat
We begin at Tigard's "Outdoor Museum" on Main Street to learn about the art, culture, and history of the area while walking on the Tigard Street Heritage Trail. We continue walking through the Universal Plaza on Burnham Street to get to the Fanno Creek Trail, which leads us to Fanno Creek Park. We then return to Symposium Coffee and our cars. All trails are paved and well-maintained on level ground, even in the forest. Since it is February, rain is always a possibility. So are cooler temperatures, so come prepared for the weather (rain gear, warm boots or shoes, an umbrella, poles for icy spots, hat, gloves.). Lunch will be on your own. (Universal Plaza has food carts and there are other places in "Old Town Tigard" for coffee, tea, or other food.)
Drive: 7 mi. Leave from WP 9:00a, 2nd meeting place 9:30 am; 12345 SW Main Street, Tigard, OR (\$1/\$0 + Free parking in lot or on Main Street or on Burnham Street)

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Feb 19 (Thu) - Winter Ramble: Laura Foster's Walk Around Mt Tabor Neighborhood (Portland / Valley)

LATE DEPARTURE 9:30a

Leaders: Kathi N., Jeanette H.

4 mi., elev. gain 300 ft.

This is a loop hike around Mount Tabor and the surrounding neighborhood on city streets.

Drive: 14 mi. Leave from WP 9:30a, 2nd meeting place 10 am; Mt Tabor Visitor Center, SE Salmon Way and SE Park Dr, Portland, 97215. Meet near the restrooms (\$1/\$0)

Feb 26 (Thu) - Winter Ramble: Tualatin River Greenway (Portland / Valley)

Leaders: Anne S., Yvonne J.

4 mi., elev. gain 50 ft.

The Tualatin River Trail is an accessible pathway for walkers and bikers that winds its way among trees, alongside the Tualatin River, and through scenic wetlands. It's a perfect way to enjoy nature while getting some exercise, having fun, and spotting wildlife. We will start from the end of SW Barngrover Way, Tualatin and walk east, passing under I-5, and turning around at Brown's Ferry Park.

Drive: 9 mi. Leave from WP 9:00a, 2nd meeting place 9:15 am; SW Barngrover Way and NW corner of parking lot of Nyberg Rivers Shopping Center, Tualatin, 97062 (\$1/\$0)

Mar 05 (Thu) - Winter Ramble: Battle Ground Lake State Park (SW Washington)

Leader: Ruth F.

5 mi., elev. gain 600 ft.

Battleground Lake is a 28-acre body of water that sits in the caldera of a volcano that erupted approximately 100,000 years ago. It has no inflow or outflow creek. On this easy hike, we will be hiking up, down, and around Battle Ground Lake on portions of 3 shady dirt trails (shared hiker/equestrian trail, upper trail, and lower trail). There are some rocks and roots but overall, the trail is quite good.

Drive: 76 mi. Leave from WP 9:00a, 2nd meeting place 9:30a JBT (\$8/\$4) Washington Discover Pass required

Mar 06 (Fri) - MEETING: Summer 2026 Planning Meeting

TIME: 8:45 AM – 11:00 AM AT: LO Adult Community Center 505 G Ave Lake Oswego 97034, Hazel Room (downstairs)

Bring your summer hike ideas and help us plan a wonderful hike and ramble summer season.

Mar 12 (Thu) - Winter Ramble: Strawberry Island Perimeter Loop (Columbia Gorge)

Leader: Linda F.

4 mi., elev. gain Flat

The Strawberry Island Loop is a family-friendly trail that begins near a Little League baseball diamond in North Bonneville and takes us along the Columbia River just west of Bonneville Dam. The views are stunning. The area is part of the area under Corp of Engineers ownership, so no fees or permits are required. Restrooms are located near parking area. Lunch will be under the shelter near the parking area.

Drive: 108 mi. Leave from WP 9:00a, 2nd meeting place 9:45a L&C (\$11/\$6 + \$6 Bridge toll + parking at L&C now requires the Oregon State Park Pass)

Mar 19 (Thu) - Winter Ramble: Willamette Greenway & East Bank Esplanade (Portland / Valley)

Leaders: Anne S., Yvonne J.

5 mi., elev. gain 104 ft.

Late March should be the perfect time to see Portland's cherry blossoms at their peak. From our parking spot on SE Caruthers St, we will take the Tilikum Crossing across the Willamette River and proceed North up the West side of the river. We will then cross back on the Steel Bridge, walk South along the Vera Katz East-bank Esplanade, pass under the Hawthorne Bridge, and continue on the Esplanade. We will see several interpretive signs that explain the effort to restore the river habitat and the history of Portland's bridges. Don't miss the life-size, bronze statue of Vera sitting on a wall along the path. Restrooms are available inside OMSI.

Drive: 21 mi. Leave from WP 9:00a, 2nd meeting place 9:30 am; East Tilikum Bridge, 41 SE Caruthers St, Portland (\$2/\$0)

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Mar 26 (Thu) - Winter Ramble: Frenchman's Bar Trail (SW Washington)

Leader: Susannah F.

6 mi., elev. gain flat

We will walk from Vancouver Lake to Frenchman's Bar Park and hope to see lots of migrating birds. Last year we saw hundreds of snow geese and sandhill cranes. Bring lunch to eat at the covered picnic area of Frenchman Bar Park. There are restrooms there and at Vancouver Lake.

Drive: 48 mi. Leave from WP 9:00a, 2nd meeting place 9:45 am; Vancouver Lake Regional Park, 6801 NW Lower River Rd., Vancouver WA (\$5/\$0 + \$3/car parking fee)

Apr 02 (Thu) - Hike: Chenoweth Tableland (Columbia Gorge)

Leader: Terry M.

6 mi., elev. gain 700 ft.

The tablelands provide great views of The Dalles and surrounding hills as well as some unique rock formations. In the spring, we will hope for a profusion of wildflowers.

Drive: 190 mi. Leave from WP 8:00a, 2nd meeting place 8:30a AWHD (\$19/\$15)

Apr 02 (Thu) - Ramble: Tryon Creek State Park (Portland / Valley)

LATE DEPARTURE 10:00a

Leader: Liliana M.

4 mi., elev. gain 400 ft.

We will explore the park, crossing a few bridges on our way to the Nature Center, and then take the Maple Trail to the north end of the park. During rainy season, some of the trails can be muddy, so boots and pools are recommended.

Drive: 8 mi. Leave from WP 10:00a, 2nd meeting place 10:15 am; Iron Mountain Trailhead on Andrews St (\$1/\$0)

Apr 07 (Tue) - Hike: Hamilton Mountain (Columbia Gorge)

Leaders: Don S., Gordon P.

6.4 - 7.6 mi., elev. gain 2000 ft.

The trail climbs steeply, gaining about 2000 feet of elevation and passing Rodney Falls and several cliff edge viewpoints, to the top of Hamilton Mountain. We may decide to return the same way for a round trip of 6.4 miles or take an alternate, less steep but longer route back down for a round trip of 7.6 miles. There should be good views of the Columbia Gorge, Mt. Hood, and Mt. Adams.

Drive: 104 mi. Leave from WP 8:00a, 2nd meeting place 8:30a AWHD (\$10/\$6) Washington Discover Pass required

Apr 07 (Tue) - Ramble: Oaks Bottom (Portland / Valley)

Leaders: Anne S., Yvonne J.

3 mi., elev. gain 219 ft.

In the midst of Portland, but shielded by a 100-foot cliff, the animals in this riverside wildlife refuge don't seem to realize that they're in a metropolis. As we hike the trail around these wetlands, we're almost certain to see ducks, beaver-gnawed trees, and Great Blue Herons calmly fishing for frogs. There is a portable toilet at the 7th Ave parking lot. You can bring a lunch to eat on the trail or visit one of the great Sellwood restaurants on SE 13th Ave.

Drive: 14 mi. Leave from WP 8:30a, 2nd meeting place 9:00 am; Oaks Bottom Wildlife Refuge, 7720 SE 7th Ave, Portland (\$1/\$0)

Apr 09 (Thu) - Easy Hike: Garden Home (Portland / Valley)

Leader: Maureen B.

6 mi., elev. gain flat

From the Garden Home Recreation Center, we hike on a portion of the Fanno Creek Trail and then explore the Garden Home neighborhood.

Drive: 20 mi. Leave from WP 8:30a, 2nd meeting place 8:45 am; Garden Home Recreation Center, 7475 SW Oleson Rd., Portland OR (\$2/\$0)

Apr 14 (Tue) - Easy Hike: Multnomah Falls (Columbia Gorge)

LATE DEPARTURE 9:00a

Leaders: Jeanette H., Kathi N.

3 mi., elev. gain 800 ft.

A gorgeous hike for views of the Gorge. It is a rather steep climb but we are taking it easy -- up and back with switchbacks to ease the way.

Drive: 87 mi. Leave from WP 9:00a, 2nd meeting place 9:45a L&C (\$9/\$3 + State Park Pass (Oregon))

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Apr 16 (Thu) - Hike: Angels Rest to Wahkeena Falls (Columbia Gorge)

Leaders: Don S., Joyce B.

6.6 mi., elev. gain 1500 ft.

This will be a one-way hike from Angels Rest trailhead to Wahkeena Falls with a car shuttle. We will hike up to Angels Rest, where we will have lunch, and then continue east down the trail to Wahkeena Falls.

Drive: 80 mi. Leave from WP 8:00a, 2nd meeting place 8:45a L&C (\$8/\$3 + parking at L&C now requires the Oregon State Park Pass)

Apr 16 (Thu) - Ramble: Camassia (Portland / Valley)

Leader: Helen H.

3 mi., elev. gain 100 ft.

Enjoy a spring walk in the forest to see camas lilies and other wildflowers.

Drive: 17 mi. Leave from WP 8:30a, 2nd meeting place 9:15 am; Wilderness Park Trailhead, Clark St. West Linn, OR (\$2/\$0)

Apr 21 (Tue) - Hike: Silver Falls State Park (Santiam Foothills)

LATE DEPARTURE 8:30a

Leaders: Susannah F., Jan M.

5.5 - 8 mi., elev. gain 800 - 1200 ft.

This popular spring hike will take us alongside and behind many gorgeous waterfalls. We should see them in full flow at this time of year, so wear walking boots for puddles and mud! Poles are recommended for the uneven, rocky surface of the trails. We will eat snacks along the way and (depending on our speed) either lunch on the trail or back at the cozy South Falls lodge. Jan will lead the shorter hike and we plan to meet afterwards in the lodge cafe.

Drive: 102 mi. Leave from WP 8:30a, 2nd meeting place 8:45a WT (\$10/\$9) State Park Pass (Oregon) required

Apr 23 (Thu) - Easy Hike: Gnat Creek Fish Hatchery (Coast/Coast Mts)

Leader: Robina B.

5.6 mi., elev. gain 670 ft.

The trails along Gnat Creek pass through a verdant forest of Western Hemlock and Sitka Spruce. The creek itself supports runs of Steelhead, Coho, and Chinook Salmon. We'll start at the Gnat Creek Fish Hatchery (with parking and restroom), explore the fish hatchery, pass a couple of small waterfalls, and explore the Gnat Creek deep upper ravine.

Drive: 172 mi. Leave from WP 8:30a, 2nd meeting place 10.15 am; 92645 Gnat Hatchery Road, Clatskanie, OR 97016 (\$17/\$0)

Apr 28 (Tue) - Easy Hike: Crown Zellerbach via Vernonia (Coast/Coast Mts)

Leaders: Anne S., Kathi N.

6 mi., elev. gain 850 ft.

This in-and-out trail, which starts from East Knott Street in Vernonia, follows 3 miles of the historic railroad between Scappoose and Vernonia. On a clear day, there are views of Mt. Saint Helens, Mt. Adams, and Mt. Hood. The trail has both gravel and asphalt sections. We will stay to the edge of the trail, because this trail is very popular with bicyclists.

Drive: 101 mi. Leave from WP 8:30a, 2nd meeting place 9:00a SPS (\$10/\$8)

Apr 30 (Thu) - Hike: Coyote Wall (Columbia Gorge)

Leader: John M.

7 mi., elev. gain 1765 ft.

This is a rigorous, beautiful hike on the Washington side of the Columbia River. It is a Moderate to Difficult hike with some steep inclines. Enjoy spectacular views of the Columbia River Gorge and Mount Hood. Expect to see an amazing burst of spring wildflowers. The trailhead is right next to Locke Lake along Route 14.

Drive: 158 mi. Leave from WP 8:00a, 2nd meeting place 8:45a L&C (\$16/\$11 + \$7 bridge toll; parking at L&C now requires the Oregon State Park Pass) NWFP required

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Apr 30 (Thu) - Ramble: Canemah Bluff (Portland / Valley)

LATE DEPARTURE 9:30a

Leaders: Sharon & Doug H.

2.5 mi., elev. gain 300 ft.

Explore this close-in park in Oregon City with views of the Willamette River and Falls as well as possible camas blooms.

Drive: 34 mi. Leave from WP 9:30a, 2nd meeting place 10 am;

Canemah Children's Park, 815 4th Ave, Oregon City 97045

(\$3/\$0)

(Produced by: LO Parks & Rec. Volunteers. At: 11/22/2025 12:8. Using Script: "Generate Hike Full Desc PDF", runGenerateFullDescPDF)